





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
					LAST DAY OF SCHOOL	1		
2	3 HS 7-9:30AM S&C	<b>4</b> HS 7-9:30AM S&C	<b>5</b> 8:00 AM RUN	6 HS 7-9:30AM S&C	7	8		
9	10 HS 7-9:30AM S&C	<b>11</b> HS 7-9:30AM S&C	12 8:00 AM RUN	13 HS 7-9:30AM S&C	14 BOOSTER GOLF OUTING	15		
16	17 HS 7-10:30AM S&C & SKILL DEVELOPMENT AM Vartsity Helmet Distribution	18 HS 7-10:30AM S&C & SKILL DEVELOPMENT	19 8:00 AM RUN & FOOTBALL SCHOOL	20 HS 7-10:30AM S&C & SKILL DEVELOPMENT	21 FOOTBALL GOLF OUTING	<b>22</b> Zimmer Camp		
23	24 HS 7-10:30AM S&C & SKILL DEVELOPMENT	25 HS 7-10:30AM S&C & SKILL DEVELOPMENT	26 HS 8-11AM & FOOTBALL SCHOOL	27 HS 7-10:30AM S&C & SKILL DEVELOPMENT	<b>28</b> OFF	<b>29</b> OFF		
<b>30</b> OFF	OFF	Notes:	Please contact Coach McDougall with questions					
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
OFF	OFF	OFF	OFF	OFF	OFF	OFF		
7	8	9	10	11	12	13		
PLAYERS OFF	0	9	7 AM S&C FR/JV	7 AM S&C VAR	12	13		
			10-4 CAMP	10-4 CAMP				
	4-8:30pm TEAM CAMP	4-8:30pm TEAM CAMP	OPTION CAMP @ Otsego	OPTION CAMP @ Otsego				
	1 0.00pm 127 uvi 07 uvii	1 C.Sopiii 127 Wi Gravii	of front or anni Geologo	or more or anning occogo				
14	15	16	17	18	19	20		
	12-1 PM 1/2 GRADERS	12-1 PM 1/2 GRADERS	TEAM RUN*					
	4-8:30pm TEAM CAMP	4-8:30pm TEAM CAMP	4-8:30pm TEAM CAMP	4-8:30pm TEAM CAMP				
			6PM VARSITY @ EGR					
21	22	23	24	25	26	27		
		3-4:30 TEAM CAMP	TEAM RUN*					
	3-4:30 TEAM CAMP	4:30-6 3-8 GRADE CAMP	3-4:30 TEAM CAMP					
	4:30-6 3-8 GRADE CAMP	6-8:30pm TEAM CAMP	4:30-6 3-8 GRADE CAMP	4-8:30pm TEAM CAMP				
	6-8:30pm TEAM CAMP	7PM VARSITY W/ GRWC	6-8:30pm TEAM CAMP					
28	29	30	31	1	2			
	VEER CAMP	VEER CAMP	VEER CAMP & RETURN	9AM Iron Jackets	TBD SENIOR ACTIVITY			
	VARSITY ONLY	VARSITY ONLY	VARSITY ONLY	5PM LIFT				
	5-8PM FR/JV @ GHS	5-8PM FR/JV @ GHS	8-9AM FR/JV @ GHS RUN	Program Dinner 6:30 PM				
				@ LEGACY FIELD				
		Notes:	Please contact Coach McDougall with questions					
		GYM FLOORS REDON	ONE JULY 12-17					
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